



May 22, 2005

Service Time: 10.00 am

www.inglefarmbaptist.com

No to the Ten Suggestions

Television's well-known newscaster, Ted Koppel, said one night on ABC's Nightline:

"We have actually convinced ourselves that slogans will save us. 'Shoot up if you must, but use a clean needle.' Or, 'Enjoy sex whenever and with whomever you wish, but protect yourself.'

"No! The answer is no! Not because it isn't cool, or smart, or because you might wind up in gaol or dying in the AIDS ward, but because it's wrong!

"What Moses brought down from Mount Sinai were not the Ten Suggestions, but the Ten Commandments!"

Author Dr S I McMillen in

his book, *None of These Diseases*, pointed out how many of the directives given by God to the ancient Israelites were for health and hygiene purposes. God assured his people that if they obeyed His laws they would be free from the diseases the Egyptians suffered. Not to eat pork (for obvious reasons back then) was just one of these. It's the same with all of God's directives and commandments. They are for our total well-being, physical and emotional, as well as spiritual.

We can't improve on God's plan. The wisest thing to do is to get in on it.

by Richard Innes



INGLE FARM COMMUNITY CHURCH

Worshipping God & Caring for People — A Member of the South Australian Baptist Union Incorporated

WELCOME



Thanks for joining us today
It's our prayer that as we
worship God together, you
will meet with Him.

CARE CARDS:



Please fill these out on arrival
and place in the offering bag
later in the service.

CHILDREN'S MINISTRY:



Children are encouraged to
start the service with us before
moving out to their
programmes.

SAMARITAN SHOPPING BAG:



Please help us care for those
in need by bringing groceries
and placing them in the bag
by the door.

CHURCH OFFICE:



Located on the premises next
to the Centre Manager's
office. Feel free to call in
Monday to Friday 9.00 am to
5.00 pm.

AFTER THE SERVICE:



We would love you to join us
for tea and coffee following
the service so that we can get
to know each other better.

PRAYER:



If you would like prayer
following the service then
please speak to the pastor or a
member of the worship team.

PASTOR: Terry Williams

Mobile: 0413 253 575

STUDENT PASTOR:

Markus Schmid

(Monday & Tuesday only)

Mobile: 0410 433 423

CHURCH OFFICE: 8395 4127

WEB PAGE:

www.inglefarmbaptist.com

E-MAIL:

church@inglefarmbaptist.com

CONTACTS:

Elders:

Ian Warren: 8395 0186

Kevin Rogers: 8264 3554

Worship Deacon:

Mark Brennan: 8265 1432

Fellowship:

Children's Ministry:

Patricia Lian: 8182 1016

Secretary/Administrator:

Trevor Knott: 8250 8920

Treasurer:

Ian Amey: 8262 6942



FINANCE

Budget \$1,222

Last Week's Offering \$1,032

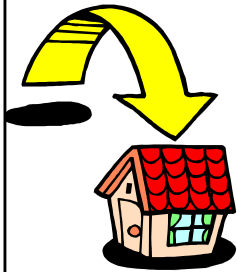
Average for this qtr \$1,186

Average year to date \$1,173

SAMARITAN SHOPPING



*Any non-perishable
food, e.g. tinned and
packet food.*



The Medlocks are moving house today. If you wish to help them this afternoon, please meet them at their address listed in the Church Directory.

Eating!

Three men were talking one day about the frailties of people. The conversation was lively, with each of the three giving his interpretation. Said the first man: "The trouble with most people is that they eat too much." The second man objected, and said, "It isn't how much you eat, but what you eat that counts." The third man, a very wise person, commented, "It's neither what you eat nor how much you eat. It's what's eating you that's important."



What you hope to be tomorrow depends on the choices you make today.




We are going to have a Garage Sale next **Saturday** on **May 28th**. Those helping to set up for the sale please be ready to help from **7.30 am**. The sale will finish at **2.00 pm**, so those helping to pack up please be ready to help at this time.

Give us your junk and things you no longer need. If you need help with the collection of goods, please give Terry a call on 8395 4127.

Next Leaders' Meeting

Monday, June 6, 2005



Please submit all articles for the **FOCUS** to Trevor Knott no later than Thursday 7.30 pm via:

- PO Box 3123
Salisbury East SA 5109
- Phone: 8250 8920
(answering machine available)
- Mobile: 0401 364 962
- Fax: 8250 9056
- E-mail: winniethepooh@senet.com.au

Can you find the names of Jacob's twelve sons?

X L R F P I N S
G M X T V J A R
A S H E R O P Q
D Z L R P S H T
P E X B M E T R
J B V E L P A R
G U R N T H L E
S L D J C X I U
H U X A F G H B
L N S M H K W E
P S S I M E O N
I D A N S X H F

Reuben
Simeon
Levi
Judah

Issachar
Zebulun
Joseph
Benjamin

Dan
Naphtali
Gad
Asher